



CREATIVE EDGE Mickey Mikkelson, Publicist, Creative Edge, 403.464.6925
mickey.creativeedge@gmail.com

KIRK HOUSE
PUBLISHERS

Find Your Beat ***Walk In the Rhythm of Life***

A guide to transforming your life through music and positivity by retired police chief turned author, Tim Eggebraaten

Released and published by Kirk House Publishers



In the rhythmic pages of "Find Your Beat," Tim Eggebraaten, a retired police chief turned messenger of optimism, invites you on a journey through the melodies of life. With heartwarming stories and practical wisdom, he reveals the power of finding beauty amidst the chaos, the rhythm in everyday moments, and the resilience within. Tim's candid tales take you behind the badge, sharing the highs and lows of a high-stress career, personal struggles, and the healing power of music, friendships, and love.

From the depths of personal challenges to the heights of realistic

optimism, he weaves a tapestry of hope. Discover how one man found his beat through positivity, learned to hush the cacophony of negativity, and embraced the symphony of gratitude. With warmth and humor, Tim illuminates the path to improving your own realistic optimism and rediscovering the beauty around you. "Find Your Beat" is more than a book; it's a guide to transforming your life's soundtrack. Let Tim's inspirational journey help you find your rhythm, tune into the positivity surrounding you, and dance to the melody of optimism. Join Tim on this remarkable odyssey and unlock the music of your soul. Your journey to finding your beat begins here.

[Tim Eggebraaten | Kirk House Publisher \(kirkhousepublishers.com\)](http://kirkhousepublishers.com)

[Find Your Beat: Walk in the Rhythm of Life: Tim Eggebraaten: 9781959681427: Amazon.com:](https://www.amazon.com/dp/9781959681427)

[Books](#)

About Tim Eggebraaten:



Tim Eggebraaten, with nearly 28 years in the Criminal Justice field, brings a wealth of experience to his role as a captivating national speaker. From his beginnings as a correctional officer in 1989 to his tenure as Chief of Police, Tim's journey is a testament to his expertise in "working the beat."

Retiring from law enforcement in 2016, Tim embraced the title of "Off Duty Chief," passionately taking his message, music, and talent to the streets. His compelling storytelling and witty perspective on balance, growth, leadership, and life make him a sought-after keynote speaker on the national stage.

Tim's unique approach combines his love for music with his motivational message, taking audiences on an emotional roller coaster. From light-hearted anecdotes to profound insights on loss and mental health, Tim engages and inspires.

Based in Detroit Lakes, Minnesota, Tim shares his life with his wife, Denise, relishing the outdoors, friendships, and family moments with their adult children and two grandsons.

About Kirk House Publishers:

Are you ready to share your story with the world?

At Kirk House Publishers, we believe that a good book has the power to ignite imaginations, stir emotions, and inspire humanity. When you choose us, you'll have access to a team of publishing experts who are committed to bringing your vision to life. We offer personalized attention, unparalleled support, and a commitment to quality that is second to none. With Kirk House Publishers, you'll have the ideal partner to help you fulfill your dream of becoming a published author. So, what are you waiting for? Submit your manuscript today, and let's get started on your journey to success!

When you choose Kirk House Publishers, you're not just partnering with a publishing company. You're embracing a belief system that celebrates the profound influence of literature. Our team of experienced professionals understands the intricacies of the publishing industry and will guide you through every step of the publishing process. From editing and design to marketing and distribution, we are committed to ensuring your book reaches its fullest potential.

But what sets Kirk House Publishers apart? It's our personalized attention to each and every author. We take the time to understand your vision, your voice, and your goals. With us, you're not just a number; you're part of our family. Together, we will craft a masterpiece that captures your essence and resonates with readers around the globe.

Imagine holding your published book in your hands, knowing that your words have the power to entertain, enlighten, and inspire. We can make that dream a reality. With Kirk House Publishers, you have the ideal partner to transform your manuscript into captivating literature.

Don't wait for the perfect moment. Now is the time to take action. Visit our submissions page today and submit your manuscript. Let's embark on this journey together and make your literary dreams come true. Don't miss the opportunity to share your story with the world. Start your publishing journey with Kirk House Publishers today!

To request additional review copies or an interview with Tim Eggebraaten, please contact Mickey Mikkelson at Creative Edge Publicity: mickey.creativeedge@gmail.com / 403.464.6925.

We look forward to the coverage!